

Alexandra Lux

# INSPIRATION

from Maria Montessori

Freedom  
does not mean  
a lack of boundaries

my**show**erlag



# Welcome!

Over a hundred years ago, Maria Montessori began developing the Montessori method of education in Italy.

Her ideas went on to conquer the world. Today, this method is more present than ever.

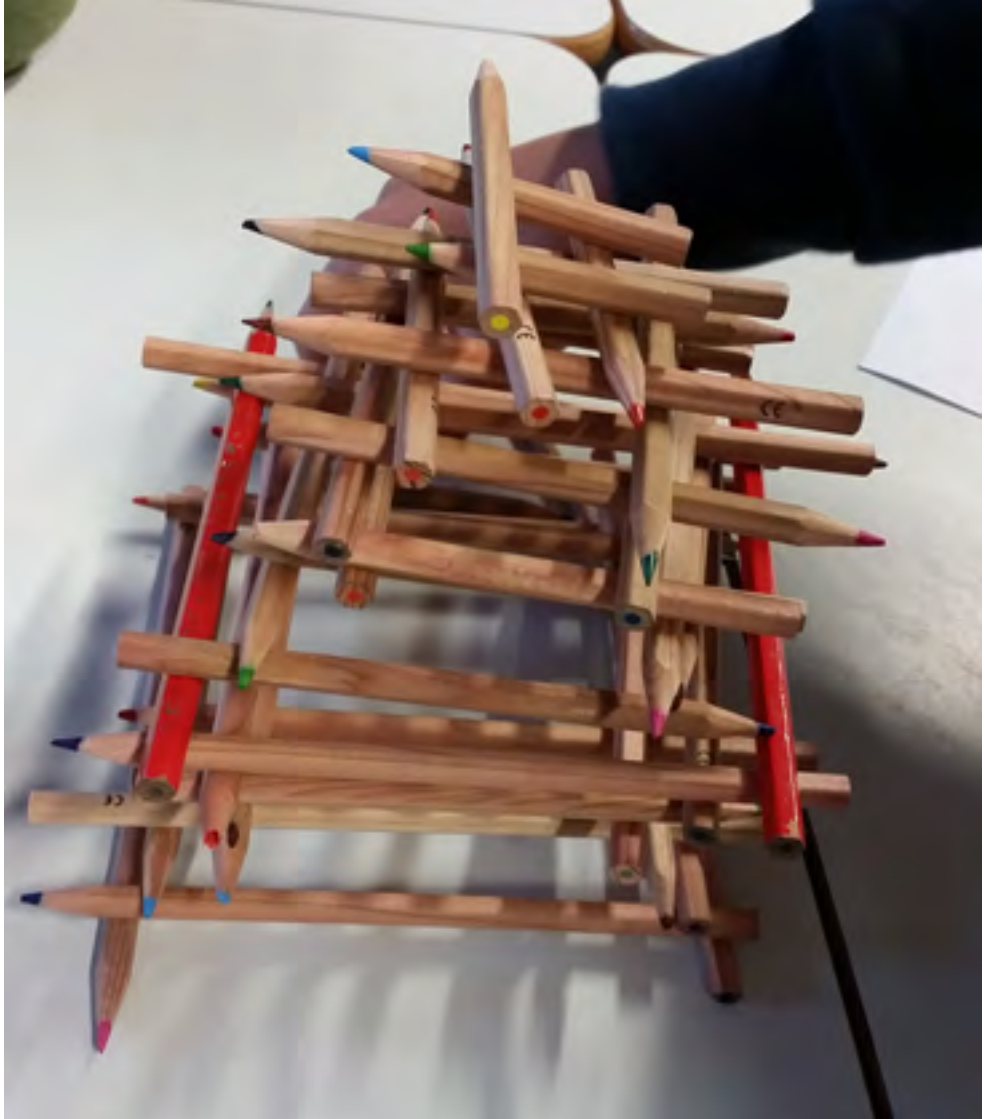
All around us things are changing, prompting us to try and rediscover our values and to recover our poise. It's important to view humankind as consisting of competent and creative individuals.

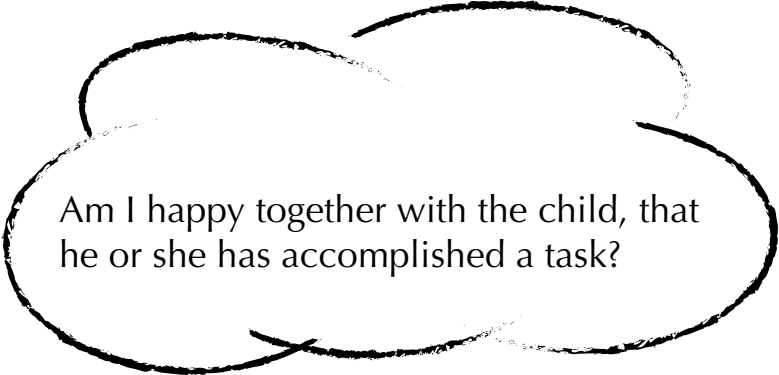
Questioning our existing thought patterns and accepting our children as independent beings are processes that can only take place once we have begun to look more closely at these issues.

Learning coach and Montessori educator Alexandra Lux manages to delve into them over and over again in a refreshingly reflective way.  
Enjoy!

Yours,

Claudia Westhagen  
myshow publishing





Am I happy together with the child, that he or she has accomplished a task?

**Human beings must grow at their own pace...  
... we're only there to support them.**

With the best intention of helping them, we often interfere in the activities of our children. We can barely stand to watch them struggle.

Strictly speaking, however, we are hampering their willingness to put in the effort – and their growth.

THE CREATIVE ADULT IS  
THE CHILD WHO SURVIVED  
-EX



When do I develop curiosity?

**Discoveries make people curious, lectures are boring.**

Our enthusiasm does not always match up with the child's interest!  
What's exciting is discovering a world of your own.

Not getting it predigested from teachers and tutors!

Maria Montessori truly enjoyed watching children make their discoveries.  
To arouse curiosity, she created age-appropriate possibilities.